

CARE INSTRUCTIONS

ORTHOTIC APPLIANCES & OBSTRUCTIVE SLEEP APNEA APPLIANCES

Rinse and brush gently after each use to remove the saliva from it.

- Saliva that stays and dries on the appliance surface can become tartar build-up.
- Choose a non-abrasive toothpaste, or liquid hand soap, and the same soft toothbrush you use for your own teeth. Brush thoroughly over the entire surface of the device.
- To make sure that your appliance is clean every night, brush your teeth before each use.

It is recommended to soak the appliance at least 1-2 times a week in retainers'/dentures' cleansers