

## CARE INSTRUCTIONS

### IMMEDIATE DENTURE

Immediate dentures were made to fit the anticipated shape of your mouth/gums after your teeth have been extracted. Modifications/adjustments to the immediate denture are always necessary and will continue during the healing period. Many changes have occurred all at once. As a result, there will be an adjustment period of approximately one week to ten days before the immediate dentures feel more comfortable.

#### **The first 24-hours**

- It is very important to keep the immediate denture in the mouth for 24 hours beginning the same day of placement of the prosthetic denture.
- The denture serves as a dressing to help stop bleeding. If the denture is removed, there may be difficulty putting it back in the mouth due to swelling of the tissue.

#### **Changes in the mouth**

- Patients may experience some of the following commonly known symptoms that occur when an immediate denture is delivered:

Mild Swelling

Difficulty Swallowing

Increase in Saliva

Mouth Odor

Speech Alteration

Minor Bleeding

Discomfort

Difficulty Chewing

Gagging

- All the symptoms mentioned above can be resolved once becoming more familiar with the new prosthesis. As minor adjustments become necessary, please contact our office and schedule an appointment with our doctors at (301) 493 – 9500.

#### **First post-delivery appointment**

- Usually, the next day or within the first week, our doctors will want to adjust the denture to avoid sore areas, the bite and any other initial problems.
- Further instructions for the use and care of the dentures will also be provided during this appointment.

### **Additional appointments**

- As the healing process continues the dentures will occasionally become loose due to the normal shrinkage of the gums from healing. This will be adjusted as needed until the healing is complete.

### **Final Dentures**

- When healing is completed, a final denture will be constructed, or the immediate dentures will be relined. These procedures will be the second phase of the dental rehabilitation process.

### **Follow-up appointments**

- The first scheduled appointment after receiving the immediate dentures is a very important office visit. Our doctors will treat any sore tissues or adjust as needed at that time.
- Several return appointments may be necessary until you are completely comfortable.