

CARE INSTRUCTIONS

Root Canal Treatment

After the procedure

- Your tooth and surrounding gum tissue will be moderately tender for 1-2 weeks. The tenderness is normal and there is no cause for alarm.
- Discomfort may be alleviated by taking non-steroidal anti-inflammatories (Advil, Aleve), Aspirin or acetaminophen (Tylenol).
- Prescription medications may be taken as directed.

IMPORTANT NOTE: Alcohol consumption is NOT advised while taking any of the above-mentioned medications

- Do not chew food on the affected side until your endodontic therapy is completed and your tooth is covered with a protective restoration by your restorative dentist
- Do not chew or bite down on the treated tooth until it is fully restored by our specialists to avoid damaging it.
- Brush and floss daily as you normally would to keep the area clean and to avoid infection.

If you experience discomfort that cannot be controlled with medication, or should swelling develop, please contact our office immediately at (301) 493-9500

After completion of Endodontic treatment: Endodontic treatment has now been completed. The root canal system has been sealed. However, the outer surface is sealed with a temporary restoration. A follow-up restoration is required to be placed to protect your tooth against fracture and decay. Please schedule an appointment at the front desk with one of our board-certified Prosthodontists, Drs. Kaplan, Bolding, Singer or Driscoll.

Included with your treatment is a first follow-up examination to evaluate the progress of healing. This will be a six-month recall examination and there is no charge.